



NEWSLETTER
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ECARIS (Educating Carers of Kidney Patients)

The ECARIS project aims to improve the quality of care provided to patients with CKD or ESRD, to ease the burden on informal, family or professional caregivers and family-employed care assistants, and finally improve the QoL of both groups (caregivers and patients). Differences in how Europeans deal with caring for kidney patients could be observed, as this is strongly influenced by cultural backgrounds, family structures and availability of support services among European countries.

Therefore, it is important to have a clear picture of the different country situations, in order to see how the training should be adapted to adjust to the needs of carers and different types of organizations and countries. The “ME AND MY CARER” report respond to this goal by collecting needs and experiences of families with a caring role in Greece, Spain, Denmark and Italy through consultations conducted by partners to informal carers of kidney patients and patients themselves. The questions have explored how caring can have a different impact on carers of different countries, the types of support available, the role of education in wellbeing and coping.

THE CONSORTIUM



Greek Carers Network EPIONI is a national non-profit organization established in 2016 by a group of caregivers or former caregivers. EPIONI's aim is to support individuals who work as informal, unpaid carers of family members or friends with a chronic condition or disability. The principal service of EPIONI is informing and educating carers on important issues that concern them. EPIONI is also actively pushing for key policy changes that accommodate the interests of carers.



Saronic Nephrological Center is a pioneering movement funded by a private institution in the area of clinical nephrology with the objective to offer anthropocentric therapeutic services to outpatients with symptoms renal insufficiency or to patients who have end stage renal dysfunction and are required to have dialysis sessions.



Anziani e Non Solo is a non-profit organization working since 2004 in the field of social innovation, with a specific focus on management of projects and realization of services and products in the field of welfare and social inclusion. The activities carried out by ANS concern: training and support to family carers, informal and formal carers, active ageing, intergenerational activities and support to frail and dependent elderly, prevention of gender based violence, elder abuse and discrimination, and fight against poverty, support to employability and to social inclusion of disadvantaged groups

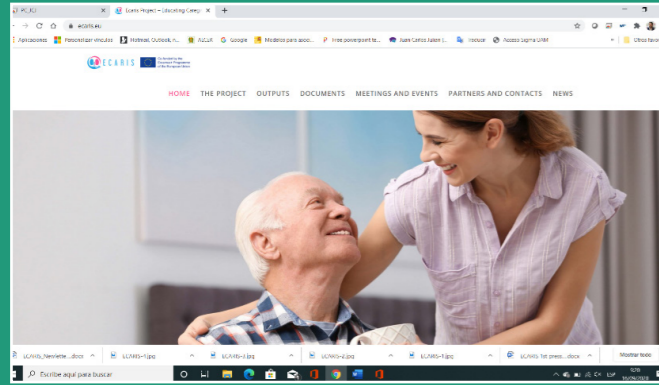


Federación Nacional de Asociaciones ALCER is a non profit making organization of patients with kidney conditions. ALCER today are formed by 53 regional associations across all Spanish geography. ALCER's mission is to improve the quality of live of people with kidney diseases and their families. ALCER was created in 1976, was the author of the Spanish Transplant Law draft (promoted in 1979) and was declared as a PublicUsefull Entity in 1984 by the Minister Council in Spain.



The Danish Committee for Health Education (DCHE) is a non-profit, non-governmental organization, which was founded in 1964. DHCE works within a broad scope of activities aimed at health promotion specifically through communication and education. DCHE has close working relations with public authorities like the Ministry of Health, the National Board of Health and also private organizations in the health field.

ECARIS PROJECT WEBSITE



In January 2020, the partnership of ECARIS project has their own website. Released in March 2020 offer all the information to follow the project. Among their menus you can see information about the project, documents, news, reports of the intellectual outputs (you can see already the first report), and information about the partners and their meetings. The site will be updated during the 30 months of life of the project. The website is open access and it is the best way to keep in contact with the partnership and to keep updated on project activities.

To learn more about the project visit the website, click on the following link: <https://ecaris.eu>

KICK OFF METING IN ATHENS & ONLINE

The 1st partnership meeting was held in Athens, the 11th of March 2020.

Due to the uncertainty caused by the Covid-19 outbreak, at the beginning of March the airspace was not yet closed and this allowed the partners of Greece and Denmark to meet virtually, due to the official recommendations in those countries. The meeting was the physically in Athens, and Spain and Italy to do so opportunity for project partners to get to know each other, presenting their own organisations, and started the work together.

Also, project partners had the occasion to learn more about the respective national contexts in relation to the situation of kidney patient carers and their needs.



Me and my carer



INTELLECTUAL OUTPUT 1- FOCUS GROUP AND INTERVIEWS WITH PATIENTS AND THEIR CARERS

The document will collect the needs and experiences of families with a caring role in the partner's countries (Greece, Italy, Spain and Denmark), through consultations conducted by partners to informal carers of kidney patients and patients themselves.

The questions will explore how caring can have a different impact on carers of different countries, the types of support available, the role of education in wellbeing and coping. The report, while providing new qualitative inputs to the research on family relationships coping strategies and educational needs in families with a caring role for kidney patients will also contribute to informing the structure of the training material and curriculum.



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