



Multiplier Event for ECARIS (2019-1-EL01-KA204-062967)

ROADS TO SELF-CARE AND HEALTH LITERACY

September 14th from 14-16



PROGRAMME

14:00	<p>WELCOME by Lars Münter, Director of International Projects Unit</p> <p>SELF-CARE FOR PATIENTS AND INFORMAL CARERS by Malene DeeLe, National Chairman of the Danish Kidney Association</p> <p>Q&A</p>
14:30	<p>VIDEOENTRY by Juan Carlos Julián Mauro, Managing Director at the Spanish Kidney Patients' Federation, and partner in the ECARIS project</p> <p>PRESENTATION OF ECARIS by Lars Münter</p>
15:00	<p>NETWORKING with refreshments and a tour of the Committee's new meeting facilities in Østbanegade</p>
15:20	<p>ROADS TO MASTERING HEALTH COMPETENCIES by Nicolaj Holm Faber, Chief Consultant in the unit for Mastering and Empowerment</p>
15:45	<p>JOINT DISCUSSION ON SUPPORT FOR CARERS with Malene DeeLe and Nicolaj Holm Faber, facilitated by Lars Münter</p>

Address: Østbanegade 55, 5. floor

Notice the new entrance address to the Committee!

Registration via e-mail to ld@sundkom.dk



The Committee for Health Education invites you to an event **on coping and support for caregivers** with a special focus on people living with kidney disease.

As part of the international project Educating Carers of Kidney Patients (ECARIS), the Committee has been working on the challenges that kidney patients and their carers face in their daily lives. The project aims to explore ways of supporting carers that are beneficial to both the kidney patient and the carer. You can read more about the project at www.ecaris.eu.

At the event you can learn more about the project, about the Committee's work on mastering health literacy and about the Danish Kidney Association's work in supporting people with kidney disease and their relatives.

We will also use this opportunity to show you the Committee's new premises and meeting facilities and will be serving light refreshments along the way.

We look forward to seeing you!